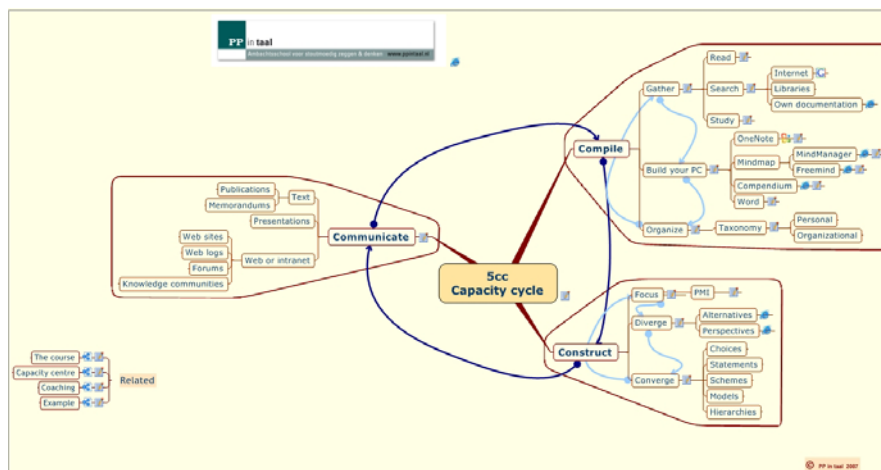


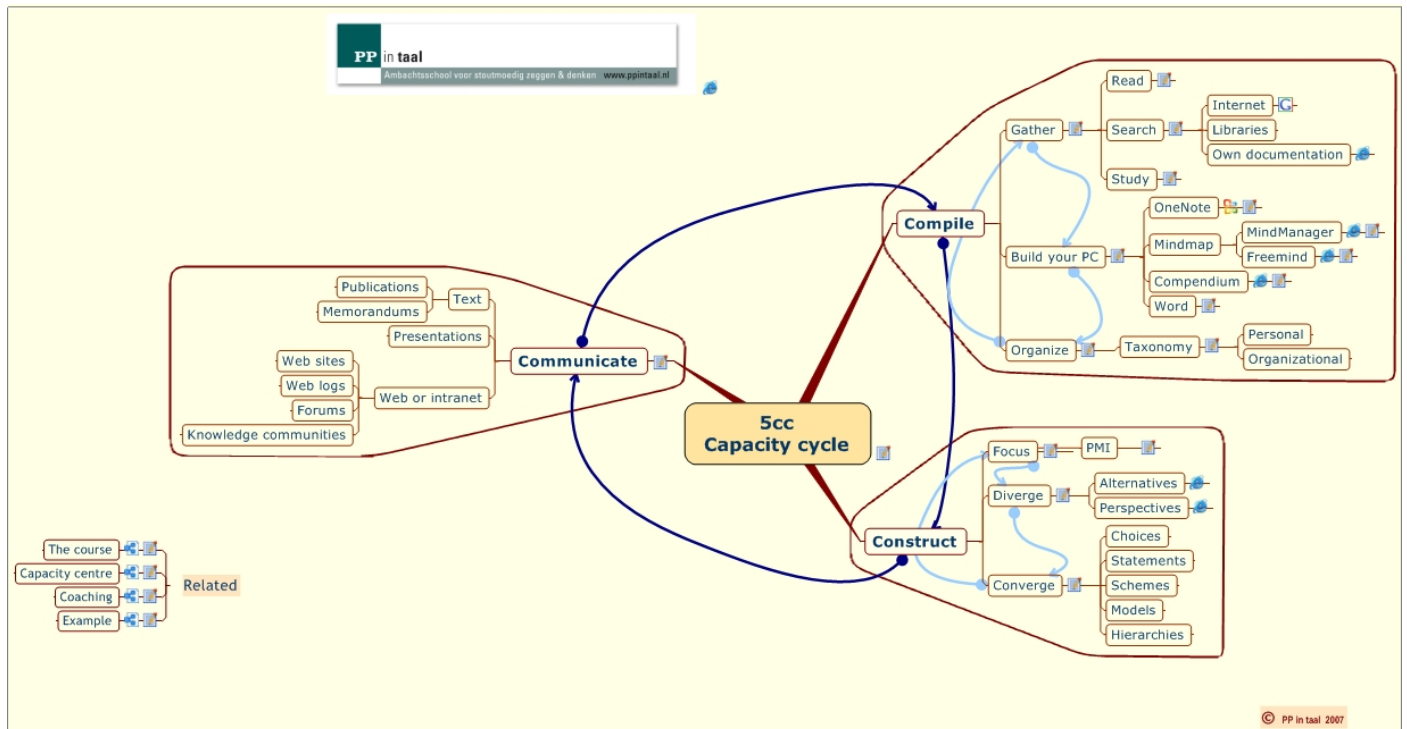
# 5cc

The **c**ycle of **c**ompiling, **c**onstructing and **c**ommunicating your **c**apacities



- The 5 cc capacity cycle is a dynamic model for sustainable capacity building 2
- In our compact and practical 5cc course we will show you how you can compile, construct and communicate knowledge and competencies 3
- We can help you to implement a 5cc centre in your organisation 5
- 5cc coaching might help you to ensure capacity building in your organisation, in some of your projects or for some of your employees 6
- This example might make the circle more tangible 8

## The 5 cc capacity cycle is a dynamic model for sustainable capacity building



- It might benefit individuals and organisations alike.
- It is a fine toolkit for the craftsmanship of life long learning.

You can see [the 5cc cycle](#) here in a live mindmap. Please feel free to click around.

In our compact and practical [5cc course](#) we will show you how you can compile, construct and communicate knowledge and competencies.

Furthermore we will provide you with a set of tools to implement this knowledge and competencies in your organisation, in your study or even in your life.

You will take home your personal compilation, which you build during the course, and an example text or presentation.

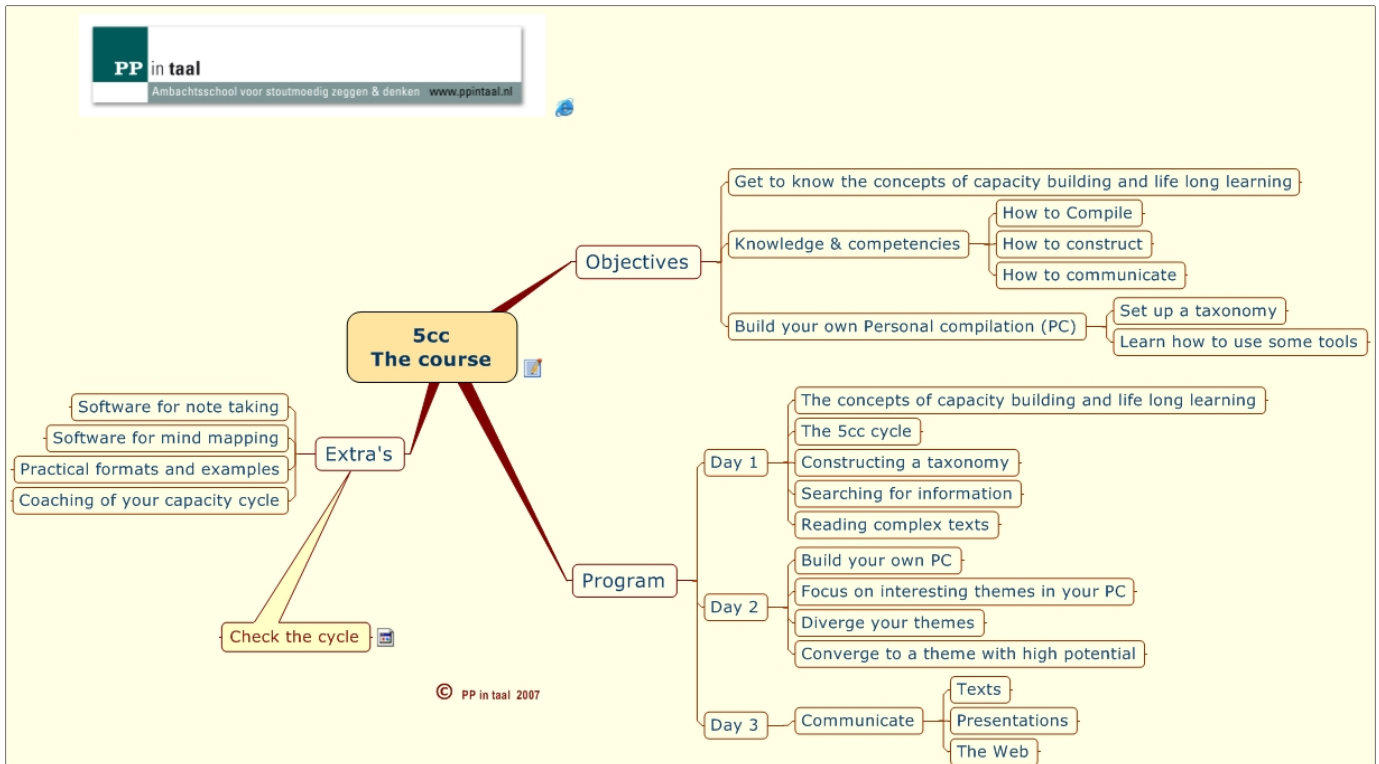
We can help you to implement a [5cc centre](#) in your organisation.

Such a "club" will establish ongoing capacity building in your organisation, and will ensure life long learning for your employees or your students.

[5cc coaching](#) might help you to ensure capacity building in your organisation, in your projects or for your employees or your students.

This [example](#) might make the circle more tangible.

In our compact and practical 5cc course we will show you how you can compile, construct and communicate knowledge and competencies



- Furthermore we will provide you with a set of tools to implement this knowledge and competencies in your organisation, in your study or even in your life.
- You will take home your personal compilation, which you build during the course, and an example text or presentation.

## Objectives

- Get to know the concepts of capacity building and life long learning.
- Knowledge & competencies:
  - How to Compile
  - How to construct
  - How to communicate
- Build your own Personal compilation (PC)
  - Set up a taxonomy
  - Learn how to use some tools

---

## Program

---

### Day 1: The concepts of capacity building and life long learning

- The 5cc cycle
- Constructing a taxonomy
- Searching for information
- Reading complex texts

---

### Day 2: Build your own PC

- Focus on interesting themes in your PC
- Diverge your themes
- Converge to a theme with high potential

---

### Day 3: Communicate

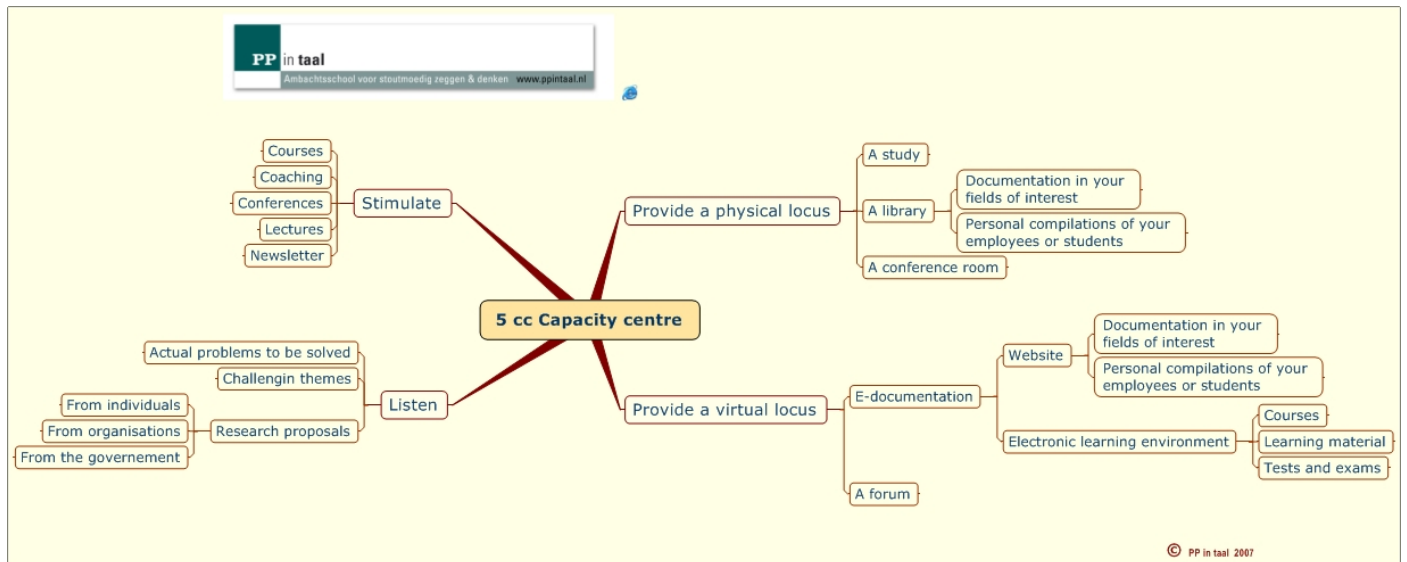
- Texts
- Presentations
- The Web

---

### Extra's

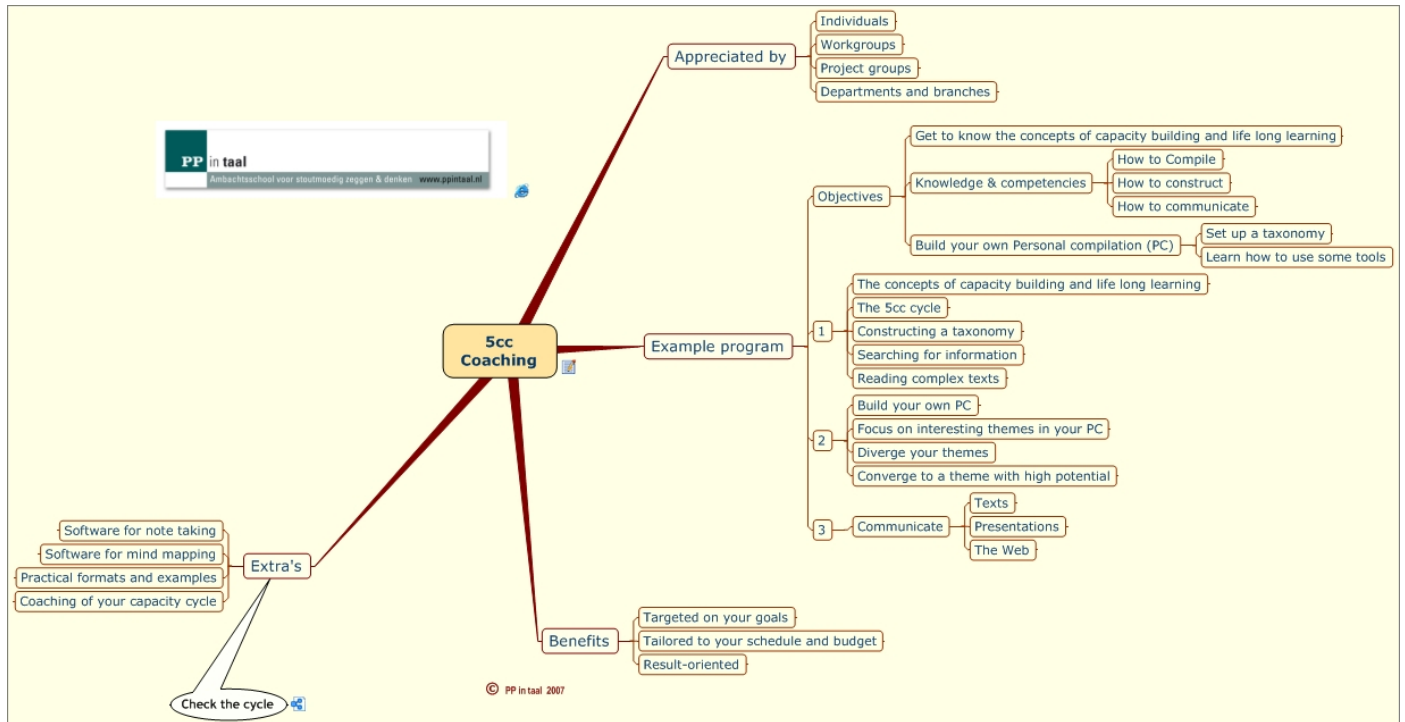
- Software for note taking
- Software for mind mapping
- Practical formats and examples
- Coaching of your capacity cycle

## We can help you to implement a 5cc centre in your organisation



- A Capacity centre might help you to ensure capacity building in your organisation, in your projects or for your employees or your students.
- Such a "club" will establish ongoing capacity building in your organisation, and will ensure life long learning for your employees or your students.

5cc coaching might help you to ensure capacity building in your organisation, in some of your projects or for some of your employees



- Our coaching program will be targeted on your goals, and tailored to your schedule and to your budget.
- Our compact and practical 5cc coaching will help you to compile, construct and communicate knowledge and competencies.
- Furthermore we will provide you with a set of tools to implement this knowledge and competencies in your organisation, in your study or even in your life.
- You will take home your personal compilation, and an example text or presentation.

---

## Objectives

- Get to know the concepts of capacity building and life long learning
- Knowledge & competencies:
  - How to Compile
  - How to construct
  - How to communicate
  - Build your own Personal compilation (PC)
  - Set up a taxonomy
  - Learn how to use some tools

---

## Possible program

---

### 1 The concepts of capacity building and life long learning

- The 5cc cycle
- Constructing a taxonomy
- Searching for information
- Reading complex texts

---

### 2 Build your own PC

- Focus on interesting themes in your PC
- Diverge your themes
- Converge to a theme with high potential

---

### 3 Communicate

- Texts
- Presentations
- The Web

---

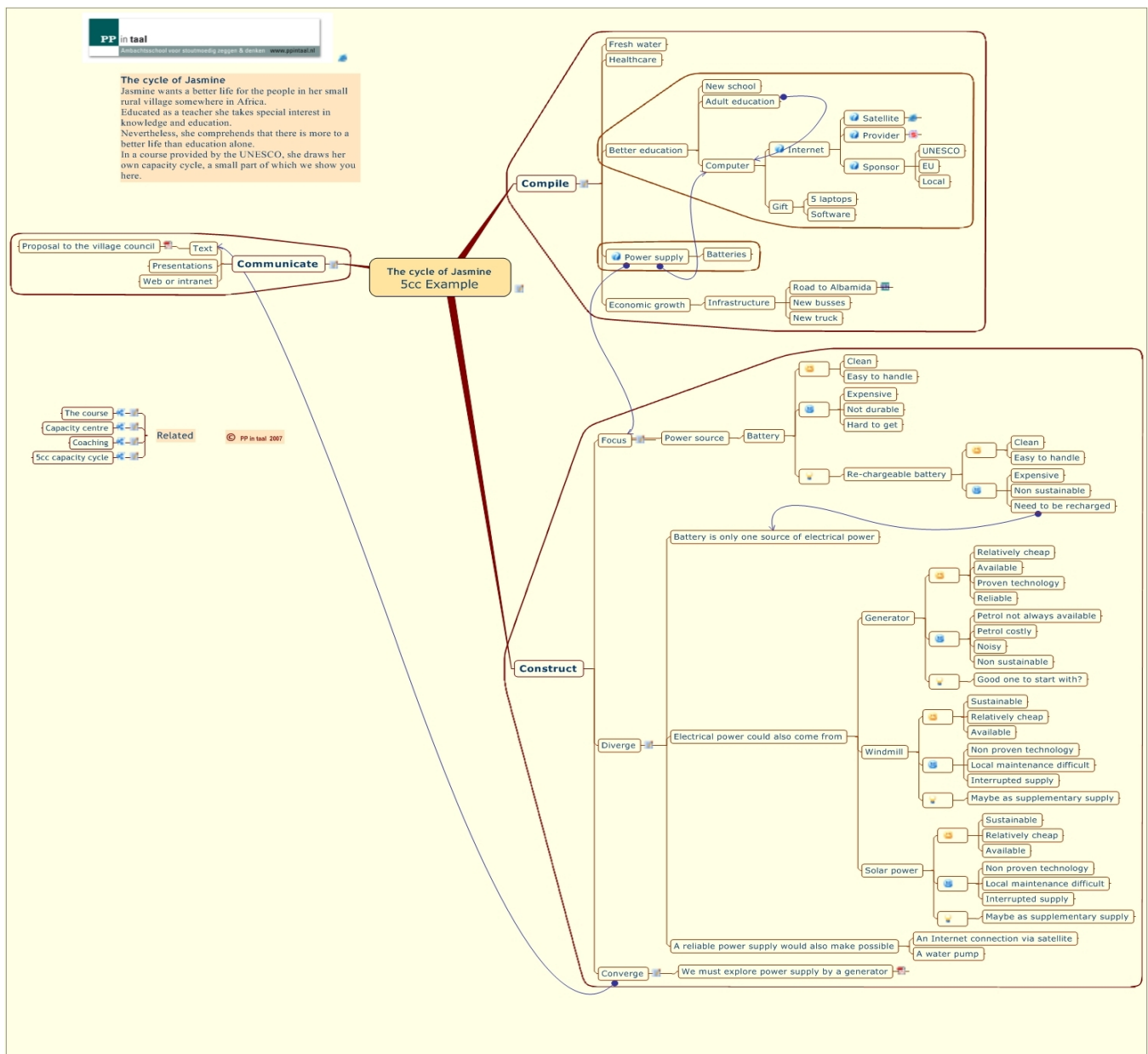
### Extra's

- Software for note taking
- Software for mind mapping
- Practical formats and examples

## This example might make the circle more tangible

### The cycle of Jasmine

- Jasmine wants a better life for the people in her small rural village somewhere in Africa.
- Educated as a teacher she takes special interest in knowledge and education. Nevertheless, she comprehends that there is more to a better life than education alone.
- In a course provided by the UNESCO, she draws her own capacity cycle, a small part of which we show you here.



## The text jasmine wrote to the village council

### Proposal for acquisition of a generator for our school.

We agreed upon improving our education.

The Lap-foundation provided us with 5 laptop computers.

Our next challenge will be a reliable power supply to keep them running.

I think we should try to buy a generator.

I run a *multi element and criteria comparison analysis* on this, and the outcome is quit obvious, as you can see below.

Furthermore, a good power supply could also be beneficiary for an internet connection via satellite, and for a water pump.

